

NAME: _____

Solutions Quiz 6

Solutions – Reducing Food Waste

1. True or False: About 94% of the food we throw away ends up in landfills and incinerators.
2. Select the benefits of reducing food waste.
 - a. Lowers your carbon footprint.
 - b. Conserves energy and resources.
 - c. Costs more money.
 - d. Supports your community.
3. True or False: According to the EPA Food Recovery Hierarchy, the best thing you can do to reduce food waste is to Feed Animals.
4. True or False: Food product date labels tell us when the food is no longer good, and to throw it away.
5. Select ways to reduce wasted food from the list below:
 - a. Make a grocery shopping list.
 - b. Order pizza delivery as much as possible.
 - c. Look in your refrigerator and pantry before shopping to avoid buying food you already have.
 - d. Buy only what you need.
6. True or False: Using your Handy Kitchen Pail contributes to Zero Waste.
7. Select the items from the list below that belong in the green Organics/Compost container.
 - a. Bread, rice, and pasta
 - b. Glass
 - c. Meat & bones
 - d. Avocado pits
 - e. Plastic forks
 - f. Coffee grounds
 - g. Moldy cheese
 - h. Metal cans
 - i. Grass clippings
 - j. Food-soiled paper