

Solutions Quiz #6 – Answer Key

Solutions – Reducing Food Waste

1. True or False: About 94% of the food we throw away ends up in landfills and incinerators.

TRUE

2. Select the benefits of reducing food waste.

- a. Lowers your carbon footprint.
- b. Conserves energy and resources.
- c. ~~Costs more money.~~
- d. Supports your community.

3. True or False: According to the EPA Food Recovery Hierarchy, the best thing you can do to reduce food waste is to Feed Animals. FALSE – The best thing is SOURCE REDUCTION.

4. True or False: Food product date labels tell us when the food is no longer good, and to throw it away. FALSE – Regardless of the date, always evaluate the quality of food before consumption.

5. Select ways to reduce wasted food from the list below:

- a. Make a grocery shopping list.
- b. ~~Order pizza delivery as much as possible.~~
- c. Look in your refrigerator and pantry before shopping to avoid buying food you already have.
- d. Buy only what you need.

6. True or False: Using your Handy Kitchen Pail contributes to Zero Waste. TRUE

7. Select the items from the list below that belong in the green Organics/Compost container.

- a. Bread, rice, and pasta
- b. ~~Glass~~
- c. Meat & bones
- d. Avocado pits
- e. ~~Plastic forks~~
- f. Coffee grounds
- g. Moldy cheese
- h. ~~Metal cans~~
- i. Grass clippings
- j. Food-soiled paper