

Solutions Quiz #4

Solutions – Recycling & Waste

1. True or False: Many of our cultural habits need to be “rethought” to reduce our waste.
TRUE
2. Name the 5Rs.
REFUSE, REDUCE, REUSE, RECYCLE, ROT
3. Which of the 5Rs has the highest impact on reducing waste?
REFUSE
4. True or False: Reducing our waste is an essential step in curtailing our overuse of natural resources.
TRUE
5. True or False: If you are offered a single-use item, you have to take it and use it.
FALSE – Refuse single-use items like napkins, straws, and sauce packets.
6. Select the small changes that make a big impact in reducing waste.
 - a. **Use reusable shopping bags.**
 - b. ~~Only use single-use plastic water bottles.~~
 - c. **Try to repair an item before you throw it away.**
 - d. **Borrow a tool from a neighbor or friend instead of buying something new.**
(Be sure to return it clean and in good-working order!)
 - e. ~~Only buy new clothes.~~
 - f. **Carry a cloth napkin and reusable cutlery with you.**
7. Name something you can change in your daily routine that will reduce waste.
So many possibilities!