

## Caring for Our Planet Quiz #1 Answer Key

### Caring for our Planet

1. True or False: Over-consumption is the excessive and unnecessary use of resources.  
**TRUE**
2. True or False: Small changes in our routines don't make a difference in helping our planet.  
**FALSE – Small changes by many people can make a huge difference!**
3. True or False: The Earth's natural resources are being used up faster than they can be replenished.  
**TRUE**
4. Name one single-use plastic item that you can easily replace with a reusable one.  
**Some examples: Reusable water bottle, Reusable shopping bag, reusable lunch box, reusable travel mug, reusable cutlery, reusable straw.**